

# Self-Referral Program

SEE A SPECIALIST WITHOUT A REFERRAL



**ENJOY THE COST SAVINGS OF AN HMO...** and see a specialist without a referral. THIPA (Torrance Health IPA) is the South Bay's ONLY medical group allowing HMO members to self-refer to these specialties.

If you are not a member of Torrance Health IPA, call 310-257-7239 or visit [www.thipa.org/learnmore](http://www.thipa.org/learnmore) to learn how to get the self-referral benefit.

**\*\*** No additional premiums or deductibles, A No-Cost service offered by THIPA above and beyond the coverage provided by your HMO insurance plan.

**\*\*\*** The list below is **NOT** a complete list of specialists available in THIPA, only those in our THIPA self-referral program. THIPA has a network of more than 450 Primary Care and Specialist Doctors. See a complete list of THIPA Physicians at [www.thipa.org/physiciandirectory](http://www.thipa.org/physiciandirectory)

## Care Management

23326 Hawthorne Blvd.,  
#200  
Torrance, CA 90505  
310-257-7282

## Cardiology

**Averill, William K., MD**  
3400 Lomita Blvd., #603  
Torrance, CA 90505  
310-326-5142  
Fax: 310-326-3154

**Carlson, L. Douglas, MD**  
2841 Lomita Blvd., #235  
Torrance, CA 90505  
310-517-8950  
Fax: 310-326-6054

**Cohen, David I., MD**  
2841 Lomita Blvd., #235  
Torrance, CA 90505  
310-517-8950  
Fax: 310-326-6054

**Khaleeli, Emad, MD**  
4305 Torrance Blvd., #301  
Torrance, CA 90505  
310-793-4327  
Fax: 310-326-3154

**Lopez, Joseph, MD**  
3475 Torrance Blvd., #D  
Torrance, CA 90503  
310-540-6032  
Fax: 310-543-8743

## Cardiology (Cont.)

**Matchison, James, MD**  
2841 Lomita Blvd., #100  
Torrance, CA 90505  
310-257-0508  
Fax: 310-325-8109

**Shin, Victoria Y., MD**  
2841 Lomita Blvd., #235  
Torrance, CA 90505  
310-517-8950  
Fax: 310-326-6054

## Dermatology

**Blumenstrauch, Roy B., MD**  
**Breithaupt, Andrew, MD**  
4201 Torrance Blvd., #640  
Torrance, CA 90503  
310-543-4444

**De Silva, Keerthi R. MD**  
1141 W. Redondo Beach  
Blvd., #107  
Gardena, CA 90247  
310-515-0677

**Coast Dematology**  
**Horowitz, Mark K., DO**  
23550 Hawthorne Blvd #200  
Torrance, CA 90505  
310-373-2636  
Fax: 310-373-2633

**Goodlerner, Susan, MD**  
23451 Madison St., #330  
Torrance, CA 90505  
310-375-9994

## Gastroenterology

**South Bay GI Med. Group**  
**Chan, Susanna, MD**  
**Chen, Beverly, MD**  
**Cohen, Jerome, MD**  
**Lee, Tonny, MD**  
**Nguyen, Minh, MD\*\***  
**Piken, Edward, MD**  
**Sze, Gloria, MD**  
**Zaidel, Oren, MD**  
23600 Telo Ave, #260  
Torrance, CA 90505  
310-539-2055

**Khaja, Nazir U., MD**  
20911 Earl St, #180  
Torrance, CA 90503  
310-370-4660

## Obstetrics/ Gynecology

**NOTE:** Please note the self referral benefit applies to the initial visit with the physician only, the physician will direct further treatment and/or tests

**Allen, Latrice, MD**  
3440 Lomita Blvd, #240  
Torrance, CA 90505  
310-539-5060  
Fax: 310-539-7899

## Obstetrics/ Gynecology (Cont.)

**Aronson, Jody, MD**  
3440 Lomita Blvd., #120  
Torrance, CA 90505  
310-325-8864

824 E. Carson St., #102  
Carson, CA 90745  
310-233-3216

**Barhaghi, Michelle, MD**  
717 S. Averill Ave.  
San Pedro, CA 90732  
310-831-1225  
Fax: 310-831-1228

**Bhasin, Sharda, MD**  
3440 Lomita Blvd, #240  
Torrance, CA 90505  
310-539-5060  
Fax: 310-539-7899

**Bujor, Alexandra, MD**  
3440 Lomita Blvd, # 240  
Torrance, CA 90505  
310-539-5060  
Fax: 310-539-7899

**Chen, Albert C., MD**  
3440 Lomita Blvd., #346  
Torrance, CA 90505  
310-325-1198

**Cowan, Jeffrey J., MD**  
4201 Torrance Blvd., #600  
Torrance, CA 90503  
310-540-5503

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Learn More: 310-257-7239 • Members: 1-866-568-4472 • Hearing Impaired (TTY/TDD): 711 • [www.thipa.org](http://www.thipa.org)

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## Obstetrics/ Gynecology (Cont.)

**Elgharib, Soha, MD**  
510 N. Prospect Ave, #320  
Redondo Beach, CA 90277  
310-376-2716

**Huete, Ricardo E., MD**  
824 E. Carson St., #203  
Carson, CA 90745  
310-543-5448  
Fax: 310-316-5318

**Kwok, Kay M., MD**  
3400 Lomita Blvd., #607  
Torrance, CA 90505  
310-530-5965

**Kwon, Young S., MD**  
3440 Lomita Blvd., # 224  
Torrance, CA 90505  
310-534-4431

**Lynch, Cristal, MD**  
3440 Lomita Blvd, #240  
Torrance, CA 90505  
310-539-5060  
Fax: 310-539-7899

**Marshall, Freya MD**  
3400 Lomita Blvd. 602  
Torrance, CA 90505  
310-326-5150

**McCann, Stephen, MD**  
23456 Hawthorne Blvd.,  
#260 Bldg. 5  
Torrance, CA 90505  
310-540-2282

**McKindsey, Frances, MD**  
3440 Lomita Blvd, #240  
Torrance, CA 90505  
310-539-5060  
Fax: 310-539-7899

**Mendoza, Astrid, DO**  
4201 Torrance Blvd., #780  
Torrance, CA 90503  
310-543-2532

**Naghi, Beni, MD**  
3400 Lomita Blvd., #602  
Torrance, CA 90505  
310-326-5150

**Rodriguez, Hilda Elena, MD**  
3440 Lomita Blvd., #427  
Torrance, CA 90505  
310-325-9400  
\*Gynecology only

## Obstetrics/ Gynecology (Cont.)

**Rosenberg, Steven H., MD**  
3400 Lomita Blvd., #400  
Torrance, CA 90505  
310-539-4957

**Rosenthal, Marc J., MD**  
3440 Lomita Blvd., #120  
Torrance, CA 90505  
310-325-8864

824 E. Carson St, #102  
Carson, CA 90745  
310-233-3216

**Schulz, Barbara L., MD**  
510 N. Prospect Ave., #320  
Redondo Beach, CA 90277  
310-376-2716

**Singh, Deepjot, MD**  
3400 Lomita Blvd., #500  
Torrance, CA 90505  
310-373-7900

**Wasserwald, Gerald, MD**  
3440 Lomita Blvd, #427  
Torrance, CA 90505  
310-325-9400  
Fax 310-325-9406  
\*Gynecology only

## Orthopedic Surgery

**Frisancho, Juan, MD**  
**Lorman, Peter, MD**  
**Purne, Mikael M., MD**  
**Striplin, Donald, MD**  
**Turek, Charles, MD**  
23600 Telo Ave., #180  
Torrance, CA 90505  
310-257-1500  
310-257-1500

## Podiatry

**Darragh, Phillip E., DPM**  
2850 Artesia Blvd., #204  
Redondo Beach, CA 90277  
310-793-1158

**Maher, Roohbakhsh, DPM**  
19000 Hawthorne Blvd,  
#204,  
Torrance, CA 90503  
310-370-1980  
Fax 310-370-5089

## Pulmonology

**Torrance Memorial  
Physician Network –  
Pulmonary and Sleep**  
**Abe, John, MD**  
**Eltawil, Khalid M., MD**  
**Rasic, Mladen A., MD**  
Torrance Memorial  
Specialty Center  
2841 Lomita Blvd., #235  
Torrance, CA 90505  
310-517-8951  
Fax: 310-326-6054

## UCLA Health Peninsula Pulmonary

**Culjat, Roman M., MD**  
**Scott, David J., MD**  
**Sinkowitz, Deren, MD**  
**Wong, Brian, MD**  
3701 Skypark Dr., #200  
Torrance, CA 90505  
310-378-8900

## Urology

**Nowzari, Farhad, MD**  
3400 Lomita Blvd, #502  
Torrance, CA 90505  
310-921-1100

**South Bay Urology  
Medical Group**  
**Lesser, Timothy F. MD**  
**Matsunaga, Garrett, MD**  
**Morrisroe, Shelby N., MD**  
**Paul, Joy, MD**  
20911 Earl St., #140  
Torrance, CA 90503  
310-542-0199

**Urology Institute of  
South Bay**  
**Dardashti, Kambiz, MD**  
**Flechner, Lawrence, MD**  
**Naftulin, Gene A., MD**  
**Stratton, Marc J., MD**  
23600 Telo Ave., #220  
Torrance, CA 90505  
310-534-8400

**Urology Specialty Group**  
**Gaske, Abbey, MD**  
**Koo, Alec, MD**  
**Park, Royal, MD**  
**Wolk, Fredrick, MD**  
3445 Pacific  
Coast Hwy., #310  
Torrance, CA 90505  
310-602-5005  
Fax: 310-373-7895