

Self-Referral Program

See a Specialist without a Referral



TORRANCE HEALTH IPA
TORRANCE MEMORIAL HEALTH SYSTEM

At Torrance Health IPA (THIPA), we pride ourselves on providing high quality care and easy access.

We are the **ONLY** Medical Group in the South Bay to allow members to see doctors in the following specialties without a referral:

- ✓ **Cardiology**
- ✓ **Dermatology**
- ✓ **Gastroenterology**
- ✓ **Podiatry**
- ✓ **Pulmonology**
- ✓ **OB/GYN**
- ✓ **Orthopedic Surgery**
- ✓ **Urology**
- ✓ **Ambulatory Care Management**
*for members with chronic health conditions

** No additional premiums or deductibles! THIPA offers this complimentary service above and beyond what your health plan covers.

Please Note: **The above is not a complete list of our specialists, only those in our self-referral program. THIPA has a network of more than 450 Primary Care and Specialist Doctors. See a complete list of THIPA Physicians at www.thipa.org/physiciandirectory.

Learn how to become a THIPA member and enjoy this service.

Call Today to Find a Great Doctor Near You!

310.257.7239 or Visit www.thipa.org/learnmore

Ask about these additional THIPA services:

- ✓ **Same Day Appointments**
- ✓ **Convenient Lab and digital X-ray services available at most sites**
- ✓ **Urgent Care Centers in Torrance and Manhattan Beach**
- ✓ **Most Health Plans and Medicare Plans Accepted**
- ✓ **Patient Online Portal**
- ✓ **24-Hour Nurse Helpline**
- ✓ **Care Management for Patients with Chronic Health Conditions**
- ✓ **Discounted Exercise Classes at Torrance Memorial**